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# Grief Diaries: Through The Eyes Of D.I.D.



## Synopsis

Poignantly written with heartbreaking honesty, *Grief Diaries: Through the Eyes of DID* offers 17 compelling true stories of living with dissociative identity disorder. Denise Purcell was born the oldest of seven in Syracuse, New York. She is the mother of five girls and a talented artist, published poet, and mental health advocate. She also shares her body with 16 other parts, each with their own name, age, and identity. Kerryjane Voth has a B.A. in Business Administration and is an award-winning musician. She is the mother of three, grandmother of seven, and functions with 34 dissociated parts. Denise, Kerryjane and 15 others bravely share their stories in *Through the Eyes of DID*, and candidly share who they see when they look in the mirror, how they decide what to wear for the day, where they go when an alter is fronting, and how they maintain intimate relationships. Despite such challenges, each boldly exposes what it's like to share one body with multiple parts, alters, identities and personalities. *Grief Diaries* is an award-winning book series dedicated to raising awareness about stigmatized experiences and offering healing and hope by sharing journeys. A portion of proceeds from the sale of this book is donated to the National Alliance of Mental Health. See all titles at [www.GriefDiaries.com](http://www.GriefDiaries.com).

## Book Information

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## Customer Reviews

"Dissociative identity disorder is the reason why I am alive today. I am thankful and love everyone inside. They are my family." -AMANDA LINEBACK "I spent my childhood living in fear of my home and fear of the outside world. There was no safe space to exist. The way I survived was by splitting

off into different parts." -CRYSTALIE MATULEWICZ "I fear being deemed crazy, stupid, weak, incapable, disabled, too much, not enough." -GAIL BUSWELL "Most of us are so terrified of the day when we finally learn the truth of it all. How will we cope with that, and what do we do with that sort of information? It's terrifying. Knowing that our brain separated all of this off for a reason, but we have to remember at least some of it to be able to heal and move forward, is absolutely terrifying." -KATT HART "Growing up, I always thought it was normal to lose time or have other people frequently mistake your name." - ALICIA PETTIS "I worry that I will be left in a bed somewhere, and no one will understand that there is so much more going on inside me." -KERRYJANE VOTH

LYNDA CHELDELIN FELL is a pioneering visionary, creator and publisher of the 5-star Grief Diaries book series, and multiple award-winning & international bestselling author who is dedicated to raising awareness about stigmatized experiences, and offering comfort and hope around the world. [www.LyndaFell.com](http://www.LyndaFell.com). SUNSHINE PURCELL and her alters are talented artists, writers and poets who are dedicated to raising awareness about all forms of mental illness. She hosts YouTube's Sister Diaries with Sunshine, authored and illustrated Color Your Soul Whole, and is producing a line of greeting cards. Learn more at [www.sisterdiarieswithsunshine.com](http://www.sisterdiarieswithsunshine.com). AMELIA JOUBERT and her alter, Scarlet, run an online support group for people with DID, blog about their experiences, and host YouTube videos about living with dissociative identity disorder. Amelia is published in several Grief Diaries books, and is authoring a new book about surviving suicide. [joubert.amelia@gmail.com](mailto:joubert.amelia@gmail.com).

This is exactly what is needed to make people aware of this disorder. These are real people, not a movie or based on a stigma. I believe this book should be considered material to have when treating, living with someone who has D.I.D.

An excellent book for anyone, for those with DID and those without, these stories give a glimpse into what it's like living with dissociative identity disorder. The ups and downs, the struggles and the triumphs -- this is the real deal.

An amazing book from amazing minds. Stirring and thought provoking. An open look into the lives of people wanting to break the stigma and fear that faces them, both from the outside world and inside their minds.

This is a brave endeavor to enlighten those of us who deal with DID -- either personally or in those we love. Kudos to these fearless souls who so graciously shared their stories to help us understand. Fantastic book in this series! I cannot recommend Grief Diaries more heartily!

This book offers a rare insight into the depths of this illness.

Truly a new learning experience for anyone who wants to see inside the lives of people that live with a disorder rarely unveiled to the public. After reading this new watershed book, you will soon learn that D.I.D is nothing like what is portrayed in the movies.

Perfect read for anyone who is looking for insight on the struggles, the beautiful ups and downs of someone living with DID.

I had no idea what to expect when I read this book since I knew so little about DID. I can't imagine going through what these authors have so bravely shared. My heart goes out to them. Thank you to Sunshine and all the other contributors for shedding a light into such a misunderstood topic.

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